

Introduction to Human Services	Scope and Sequence
Unit Lesson	Objectives
HUMAN SERVICES: CHANGING AND IMPROVING PEOPLE'S LIVES	
Solving Problems vs. Teaching Problem Solving Skills	
	Describe what human services and the human services professional are.
	Describe what it means to empower people to improve their lives.
	Compare the immediate and long-range goals of the human services field.
	Explain the differences between rescuing and support-motivating.
	Describe self-determination.
	Explain what it means to respect a person's right to change or stay the same.
Types of Populations, Needs, and Services	
	Explain what population groups are and what it means to fulfill their needs.
	Describe several different types of human services that are available.
	Explain the way different positions in a human services organization function.
Project: Let's Get Happy and Let's Get Rich	
What Human Services Organizations Do	
	Describe multiple human services organizations.
	Define the term target groups as it applies to human service organizations.
	Explain the philosophy behind human service organizations and human services professionals.
Project: Know Your Surroundings	
Direct Service Interventions	
	Define and describe three basic levels of interventions in the human services field: direct service, program planning, and administration.
	Define and describe functions and jobs within the levels of interventions.

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		Describe how the three levels collectively help human services meet the goals they seek to achieve.
	Policy and Program-Planning Interventions	Explain the fundamentals of human services program planning and program design interventions..
		Describe several ways to raise money for human services programs.
		Discuss the functions of lobbyists and grant writers.
		Explain the principles of community mobilization and conceptualism.
	Project: Designing A Human Services Organization	
	Administration	Discuss the administration of human services organizations.
		Evaluate administering and budgeting human services organizations.
		Discuss the steps needed to help ensure the fiscal survival of agencies/organizations and applicable programs.
	Project: Life After High School	
	Test	
VALUES, ETHICS, AND LEGAL ISSUES		
	Basic Values of Helping Professions	Describe the five universal values that apply to people.
		Discuss Eastern and Western cultures with a clear understanding of the differences between the two.
		Explain diversity and diversity issues.
		Explain some of the complexities that surface because of cultural preferences.
	The Ethical Decision – Making Process	Define the ethical standards and explain how they apply to ethical codes.

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		Compare some ethical codes and standards with those of other social services professional associations.
		Discuss the fundamental ideas behind ethical standards for all organizations, agencies, and businesses (and how they are interrelated).
	Project: Cultural Diversity Education	
	Laws, Legal Statutes, and Legal Issues	
		Describe social services mandates across the country.
		Examine statutes in the state of Florida that protect children and elderly.
		Discuss mandated reporters/reporting.
		Examine the historical development of social services in the United States.
	Project: Legal Statutes and Legal Issues	
	Respecting Life Choices	
		Discuss the role of values in the human services and helping others.
		List some of the differences between revealing one's values and imposing them on clients.
		Explain personal/professional boundary issues and their importance.
		Describe dual relationships.
	Confidentiality and Consent	
		Understand the role of values in human services and in helping others.
		Develop awareness of personal/professional boundary issues and their importance.
		Explain something of the limits and parameters of confidentiality.
		Describe the role and scope of HIPAA regarding patient confidentiality.
	Project: Volunteering to Help	
	Legal and Ethical Dilemmas	
		Identify ethical dilemmas that a social services professional might face.

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		Understand the basic ethics resources and concepts for human services professionals.
		Analyze the best ethical choice in any dilemma.
		Name vulnerable populations and discuss the causes of vulnerability.
		Explain the legal and professional consequences of failing to act ethically.
		Discuss basic documentation and record keeping in matters of ethics.
		Explain the responsibilities and opportunities of the position of Social Services Director.
	Project: A New Beginning	
	Test	
EVERYTHING INTERCONNECTED? SYSTEMS THEORY, THE ECOLOGICAL FRAMEWORK AND OTHER PERSPECTIVES		
	Understanding the Nature of Human Systems	
		Describe what a system is in the human services context.
		Explain how services integration is implemented.
		Discuss how people, families, societies, and communities all fit into human services systems theory.
	Definition of Systems' Characteristics, Basic Properties, and Behaviors	
		Learn the characteristics, basic behaviors, and properties of systems.
		Describe the basic concept of homeostasis.
		Define and discuss the circular cause and effect and the importance of "context."
		Explore social work's professional perspective of "the individual in the environment."
	Project: Homeostasis and Homeostatic Balance	
	Ecological Perspectives: Systems Within Systems	

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		Explore the Ecological Systems Approach theory of human development.
		Learn the difference between micro systems, meso systems, and macro systems.
		See how theories of systems change and human development influence the practices in the Social Services professions.
		Discuss the concept of “goodness-of-fit.”
	Project: The Scientific Method	
	Basic Human Growth and Development	
		Describe a normative human development model.
		Discuss other theoretical perspectives for understanding the cause of human problems, such as psychodynamic, behavioral, and cognitive behavioral approaches.
		List key concepts associated with major theoretical models that offer alternative explanations for human behavior.
	Nature Versus Nurture	
		Explain how lack of resources influences impulsivity.
		Discuss the implications of learning through trial and error.
		Describe an epidemiologist’s duties and something of the requirements for entering this career.
	Project: Nurture, the Family, and the Decision	
	Recent Psychoanalytical Approaches	
		Identify Sigmund Freud and describe the basic aspects of psychoanalysis.
		Discuss later competing theories such as behaviorism, or the psycho-social approach.
		Debate whether nature or nurture is responsible for personality in human beings.
	Project: Monitoring Digression	
	Test	

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FROM THEORY TO PRACTICE		
	What Processes Bring About Individual Change?	Describe the stages of a process of change. List six skills that help facilitate the change process. Explain skills necessary to overcome resistance to change.
	Project: Communications Theory Project	
	Working with Multidisciplinary Teams	Describe the five phases of small group development. Identify the two unspoken psychological contracts that exist among group or team members. Name the characteristics of five types of teams.
	Domestic Violence and Child Abuse	Explain aspects of poverty. Name at least five psychological consequences of child abuse. Describe some of the issues that public health professionals work with.
	Project: An Addiction Study	
	Services that Help People	Describe some of the therapeutic services available for helping people in need. Explain the basics of the individual service design model. Detail other therapeutic models that emphasize family involvement. Describe something of the career of a Cognitive Behavioral Counselor.
	Project: Best Delivery Model	
	What Do You Do First?	

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		Name the three ways to identify, verify, and prioritize the root causes of a problem.
		Explain the difference between assessment and evaluation.
		Understand and be able to describe the basic structure of a care plan.
		Describe the requirements for a career as a Social Work Case Manager.
	Basic Communication and Interviewing Skills	
		Discuss the difference between open-ended and closed-ended questions.
		List and explain active listening, reflective listening, and the other therapeutic processes.
		Define "the miracle question," and explain how human services professionals use it to gather information about a client.
		Describe the qualities and education necessary in order to be an effective conflict and dispute resolution specialist.
	Project: Effective Communication	
	Test	
CLIENTS AND HELPERS IN HUMAN SERVICES		
	Helping Professionals' Skills or Abilities	
		Discuss the intellectual and cognitive skills necessary for the human services professional.
		Explain the importance of critical thinking ability for human services professions.
		Describe the components of the S.M.A.R.T. acronym.
		Tell how a career in audiology would cause a person to positively affect the lives of the hearing impaired.
	Project: Let's Get S.M.A.R.T.	
	Interpersonal Characteristics of Helping Professionals	
		Discuss the value of self-exploration for someone who wants to be a helper.
		Explain why awareness of diversity is an important factor in today's world.

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		Identify the necessary skills of human services professionals.
		Argue in support of the worth and uniqueness of the individual including culture, ethnicity, race, class, gender, religion, ability, sexual orientation, and other expressions of diversity.
		Describe the 'front-line' position played by the psychiatric technician.
	Project: Tour Guide to the Martians: Empathy and The Conscious Use of Self	
	Taking Care of Yourself: Managing Burnout and Stress	
		Explain how some kinds of stress can be useful on one's life.
		Discuss the nature of vicarious trauma when a person is a secondary witness to a traumatic situation.
		Differentiate between the several different types of client resistance.
		Describe some of the challenges and rewards of becoming a police psychologist.
	Was I Born to Be a Helper?	
		Clarify, compare, and contrast personal and professional values.
		Identify personal characteristics important for a human services career.
		Verbalize personal emotional issues that can potentially get in the way of helping others, clouding the client's needs.
		Compare personal needs with those of the client being served.
		Describe cultural and social personal attributes that may contribute to a desire to help others.
	Project: Self-Motivation	
	Special Challenges of Human Services Professionals	
		Describe the attributes of increased self-awareness with respect to helping others.
		Clarify, compare, and contrast personal and professional values.
		Recognize and identify personal characteristics that make human services a good career fit.

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		Compare and contrast personal needs and those of the client being served.
	Developing Career Goals and Plans	Describe an effective method of self-assessment with the goal of identifying potential career choices.
		Research the career paths available to human services professionals and determine which suits you best.
		Describe and list the educational requirements of your chosen field and research appropriate colleges.
		Explain what a psychometrician does and what the prospects are for such a position.
	Project: Identifying Career Goals	
	Test	
COURSE REVIEW AND EXAM		
	Review	
	Exam	