



cFitness Academy

by Carone Fitness

Online PE, Health, & Career Courses

HEALTH CAREERS

UNIT 1: PUBLIC HEALTH & SUPPORT

- **Section 1.1: Health Career Skills**
- **Section 1.2: Public Health**
- **Section 1.3: Support Roles**

Learning Objectives

- Discuss knowledge and skills needed for health careers
- Evaluate the importance of different skills for success in life and the workplace
- Discuss the different areas of health careers
- Determine the possible work settings in health careers
- Understand the education requirements of each occupation
- Analyze and compare personal skills to those needed for success in various health careers
- Discuss the work environment and essential skills of public health workers who conduct research
- Evaluate the methods used to improve public health
- Differentiate between the types of public health work environments
- Evaluate the potential benefits of the methods used to promote public health
- Understand the basic functions of a public health worker in many specialty areas
- Relate the skills required to be a public health professional
- Discuss the work environment and essential skills of health educators and health service administrators
- Evaluate the methods used to improve public health
- Research various public health organizations and examine their mission statements and contribution to promoting health
- List the basic functions of a health services manager
- Understand the requirements to become a health services manager



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- Compare and contrast the work environments of different support careers
- List the basic functions of a medical records technician
- Understand the requirements to become a medical records technician
- Interview a health professional and evaluate information learned to determine if the occupation interests them

UNIT 2: MEDICAL CAREERS

- **Section 2.1: Physicians**
- **Section 2.2: Nursing**
- **Section 2.3: Emergency Services**
- **Section 2.4: Other Medical Professions**

Learning Objectives:

- Describe areas of specialty for medical doctors
- Understand the basic functions of a physician (medical doctor)
- Describe the educational requirements needed to become a physician
- Describe the work environment of physicians who do not see patients in an office
- Describe the work environment of physicians who see patients in an office
- Demonstrate understanding of 'good bedside manner' by rephrasing statements of information doctors may have to tell patients
- Compare and contrast possible nursing work environments
- Discuss the work environment of nurses
- Describe skills needed to be a successful nurse
- Understand the basic functions of a registered nurse
- Describe the various pathways to becoming a nurse
- Research and compare various nursing specialties
- Understand the basic functions of an EMT or paramedic
- Describe the skills needed to be an EMT or paramedic
- Understand the basic functions of an emergency room doctor



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- Describe the skills needed to be an emergency room doctor
- Understand the basic functions of a 911 operator
- Describe the skills needed to be a 911 operator
- Discuss the work environment and essential skills of emergency service occupations
- Create a brochure to persuade students to pursue a career in the emergency services
- Understand the basic functions of a physician assistant
- Describe the skills required to be a physician assistant
- Understand the basic functions of a nurse practitioner
- Describe the skills required to be a nurse practitioner
- Describe different medical specialties
- Evaluate the health impact of medical specialties
- Describe what it's like to work as a medical professional
- Determine if they are interested in working as a medical professional
- Interview a health professional and determine interest in that particular occupation

UNIT 3: HEALTH SERVICES

- **Section 3.1: Vision Care**
- **Section 3.2: Dental Careers**
- **Section 3.3: Pharmacy Careers**
- **Section 3.4: Dietetics**

Learning Objectives:

- List the basic functions of an optometrist
- Understand the requirements to become an optometrist
- List the basic functions of an ophthalmologist
- Understand the requirements to become an ophthalmologist
- Understand what happens during a visual exam
- List the basic functions of an optician
- Understand the requirements to become an optician
- Compare two vision schools and analyze which would be a better choice
- Describe the work of dental specialties



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- Compare and contrast between the work of different dental specialties
- List the basic functions of a dentist
- Understand the requirements to become a dentist
- Understand the basic functions of a dental hygienist
- Relate the skills required to be a dental hygienist
- Understand what happens during a dental visit
- Distinguish between dental specialties
- Understand the basic functions of an orthodontist
- Describe the difference between a dentist and an orthodontist
- Create a poster that a dentist might hang in his/her office promoting good oral hygiene
- List the basic functions of a pharmacy technician
- Understand the requirements to become a pharmacy technician
- Understand the basic functions of a pharmacist
- Relate the skills required to be a pharmacist
- Understand what happens during a visit with a pharmacist
- Locate and evaluate local pharmacies and determine which you would choose to use
- Understand the basic functions of a dietitian
- Relate the skills required to be a dietitian
- Describe many of the environments in which dietitians work
- Compare and contrast the work responsibilities and experiences of dietitians
- Discuss the skills needed to become a dietitian
- Interview a health professional and determine interest in that particular occupation

UNIT 4: SOCIAL SERVICES & THERAPY

- **Section 4.1: Social and Family Services**
- **Section 4.2: Mental Health Services**
- **Section 4.3: Physical Therapies**
- **Section 4.4: Sports Medicine**



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Learning Objectives:

- List the basic functions of a marriage and family therapist
- Understand the requirements to become a marriage and family therapist
- List the basic functions of a social worker
- Understand the requirements to become a social worker
- Compare and contrast alternate types of therapists
- Describe the work environment of a social worker
- Describe the work environment of a marriage and family therapist
- Research additional social/family services careers
- Understand the basic functions of a psychologist
- Relate the skills required to be a psychologist
- Understand the basic functions of a psychiatrist
- Relate the skills required to be a psychiatrist
- Discuss problems that mental health professionals help their patients with
- Compare and contrast psychologists and psychiatrists
- Interview a health professional and determine interest in that that particular occupation
- Describe the work environment of physical therapists and chiropractors
- Analyze whether or not they would enjoy a career as a physical therapist or chiropractor
- Analyze the stages of change model and explain its importance
- List the basic functions of a chiropractor
- Understand the requirements to become a chiropractor
- Compare and contrast other therapy careers
- List the basic functions of a physical therapist
- Understand the requirements to become a physical therapist
- Locate and evaluate local physical therapy or chiropractic providers
- Discuss typical tasks performed by athletic trainers
- List the requirements to become an athletic trainer



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- Discuss typical tasks performed by personal trainers and group instructors
- List the requirements to become a personal trainer or group instructor
- Compare and contrast the work experiences of sports medicine professionals

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