Introduction to Human Growth and Development

Course Overview and Syllabus

Grade level: 9–12

Prerequisite Courses: None   **Credits:** 0.5

Course Description

This semester-long course focuses on human growth and development over the lifespan, as well as careers that help people deal with various physical, intellectual, and socioemotional issues, such as physicians, nurses, nutritionists, substance abuse counselors, clergy, teachers, career counselors, psychologists, and psychiatrists. The course provides a background in human growth and development from before birth, through childhood, into adulthood, and through death and grief. It gives the student perspective and highlights where people in the caring professions are most needed. Students who take this course will come away with a broad understanding of all the careers that help people from birth to death.

Course Objectives

Throughout the course, you will meet the following goals:

- Discover the parallel physical, cognitive, and socio-emotional domains of the human lifespan
- Examine developmental milestones through the perspectives of developmental theorists Erikson, Piaget, Freud, and Vygotsky
- Discuss the milestones of cognitive, socio-emotional, and personality development
- Investigate psychosocial and cognitive development for toddlers
- Describe physical and language development throughout childhood
- Delve into the physiological and psychosocial changes of adolescence
- Review the phases of growth and development experienced during the adult years
- Discuss the tasks and challenges of the last years of life

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Student Expectations

This course requires the same level of commitment from you as a traditional classroom course. Throughout the course, you are expected to spend approximately 5–7 hours per week online on:

- Interactive lessons that include a mixture of videos, readings, and tasks
- Assignments in which you apply and extend learning in each lesson
- Assessments, including quizzes, tests, and cumulative exams

Communication

Your teacher will communicate with you regularly through discussions, email, chat, and system announcements. You will also communicate with classmates, either via online tools or face to face, as you collaborate on projects, ask and answer questions in your peer group, and develop your speaking and listening skills.

Grading Policy

You will be graded on the work you do online and the work you submit electronically to your teacher. The weighting for each category of graded activity is listed below.

Grading Category	Weight
Lesson Quizzes	20%
Unit Tests	20%
Cumulative Exams	20%
Assignments	10%
Projects	30%
Additional	0%

Scope and Sequence

When you log into Edgenuity, you can view the entire course map—an interactive scope and sequence of all topics you will study. The units of study are summarized below:

Unit 1: Starting Strong: Introduction to a Lifelong Journey
Unit 2: Childhood: Early, Middle, and Late
Unit 3: Adolescence
Unit 4: Adulthood: You Have Arrived
Unit 5: Finishing Strong: Ending the Lifelong Journey